

Tweddle's Childbirth Education

Tweddle offers video recorded Childbirth Education classes and a live group discussion to help parents feel confident and connected prior to birth

Topics covered

- Stages of labour and birth
- Practical coping methods and pain relief
- Breastfeeding
- Getting to know your baby & what to expect
- The early days of parenting

Childbirth Education video recorded session & virtual groups

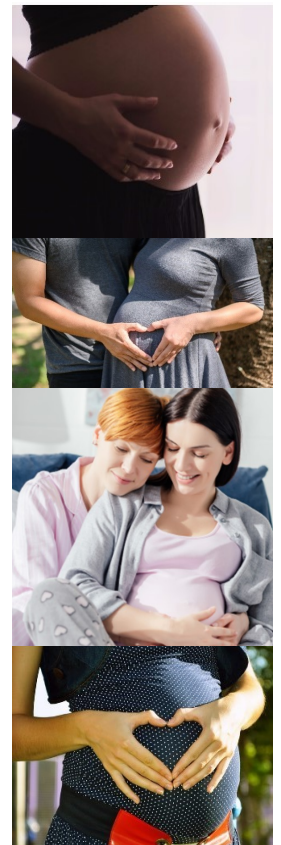
Tweddle's experienced Childbirth Educators are now offering a range of Childbirth Education. These include a video recorded childbirth education class followed up by a group zoom meeting with parents and the Educator, where parents can ask questions. We are also introducing access to online virtual groups commencing in June.

Bookings & Costs

Recorded childbirth education classes and a one hour facilitated group zoom parent discussion and resources is \$80.

Online Virtual Groups commencing in June \$120

*Healthcare card subsidy available



To enrol or make enquiries, contact Tweddle Monday to Friday
during business hours on info@tweddle.org.au
or (03) 9689 1577
Partners & Support people are welcome



Secure babies | Strong families | Safe communities